



AcadeMir Charter Schools

Wellness Advisory Group

Meeting Agenda

Meeting Date: 3-7-2025

School Wellness Vision

AcadeMir Charter Schools are committed to providing a healthy environment for students and staff within the school environment.

School Wellness Mission

The mission of AcadeMir Charter Schools is to provide students with a well-rounded school education and promoting school wellness to increase student academic performance.

School Environment Goals

Students receive nutrition education that teaches the skills necessary to adopt healthy eating habits?	Takes place in science classes.
Students receive consistent nutrition messages throughout the school?	Banners are hung on outside fences. This is an opportunity for improvement.

AcadeMir Charter Schools health education curriculum standards and guidelines include both nutrition and physical education?	Yes
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Physical Fitness Goals

Students are given the opportunity for physical activity during the school day in addition to physical education classes (i.e. daily recess, classroom activities, etc.)	Students participate in Physical Education classes and have recess opportunities during their lunch period.
Students are given the opportunity for physical activity through a range of before and /or after school programs?	Students have the opportunity to engage in “Free Play” before school prior to the bell ringing on the courts and Feild. Students enrolled in After School Care have the opportunity to engage in recess after school. After School Sports, Enrichement programs are offered

Nutritional Goals

USDA guidelines set for food and beverages in the food service program are being followed:	Yes
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<p>Guidelines set for food and beverages sold to students outside of the food service program are being followed:</p>	<p>This is an opportunity for improvement</p>
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Other School Based Activities Promoting School Wellness:

<p>The school provides a clean and safe environment?</p>	<p>Yes</p>
<p>Students have access to free drinking water throughout the school day?</p>	<p>Yes</p>
<p>The school encourage all students to participate in the school breakfast and lunch program?</p>	<p>Yes</p>
<p>AcadeMir Charter Schools protect the identity of students who eat free and reduced-priced meals?</p>	<p>Yes</p>
<p>The school ensure adequate time for students to eat lunch?</p>	<p>Yes - 30 minutes with 5 minutes for passing before and after the lunch period.</p>

Creating Goals for School Food Program

Goal 1	Addition of more "A-La-Cart" items
Goal 2	Addition of an ice maker



Additional Public Input

None at this time



AcadeMir Charter Schools

Wellness Advisory Group Members

Sign In

Meeting Date: 3/7/25

1	Name	Parent/Student/ Staff	Email Address	Responsibilities/ Roles
2	John Lux	3-7-25	jlux@academirpreparatory.com	Principal
3	Isabella Payne	3/7/25	ispayne@academirpreparatory.com	Dean of Discipline
4	Angela Palmer	3/7/25	apalmer@academir.com	A.P.
5	Martene Lovie	3/7/25	mlovie@academirpreparatory.com	COACH
6	Irisney Morajon	3/7/25	Imorajon@academircharterhighschool.com	Cafeteria Manager
7	Crisnell Finkbeiner	3/7/25	cfinkbeiner@academirpreparatoryhighschool.com	Counselor
8	Jennaxis Reyes	3/7/25	Jreyes@academirprephigh.com	Activities
9	Layla Leal-Lamons	3/7/25	llamons@academirprephigh.com	EESA Chair
10	Nicholas Martinis	3/7/25	Nmartini@academirpreparatoryhighschool.com	Teacher
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